



# The 2009 TwRC Handiknapps

*(Open to Singles, Doubles and Pairs )*

**The dates** (First boats away at 09:45 for day 1)

6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup>, 27<sup>th</sup> September;      4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> October;  
1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup>, November;      6<sup>th</sup>, 13<sup>th</sup> December  
*(First boat under orders at 09:15)*

**The prizes :-**

The Handicap Sculls Trophy (Holder, Simon Delph)

Fastest Overall Open / Woman (Holders Jake Nelson / Katie Clare )

Fastest Rookie (Short & Classic Course) (Andy Davies)

**The Courses:**

The Classic:-

Approximately 9000 metres from the top end of Eel Pie Island to Teddington Lock, turn at the white post and down to Richmond Lock, turn at the steps above the lock and back up to the finish at the water gallery above Hammertons Ferry. Crews will use the main navigation channel only and comply with all navigation rules.

The "Short Course"

New this year, this is as the Classic but turning at moored boats below Glovers, avoiding the Canoe club and bridges  
Approximately 7000 metres

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